

A Message to Our Sleep Apnea Patients About Zepbound Coverage

We understand how frustrating the insurance approval process for Zepbound can be — for patients and providers alike.

Please know that our team works hard to obtain approvals for every patient who may benefit from this medication. Unfortunately, insurance coverage for Zepbound varies widely between plans.

Some insurance companies do not cover weight-loss medications at all, while others have specific requirements that may differ from the manufacturer's guidelines or from what we are initially told.

These requirements can include:

- Specific BMI criteria
- Additional medical conditions
- Participation in weight-management programs
- Trial and failure of other medications
- Employer plan exclusions

Even when all medical criteria are met, coverage is ultimately determined by your individual insurance plan.

While we are happy to support patients in their medical weight-management journey, ***our practice is not a dedicated weight-loss clinic.***

We do our best to complete prior authorizations, submit required documentation, and advocate for our patients whenever possible within the scope of our practice and staffing resources.

If a medication is denied, we will do our best to assist with the appeal process when appropriate.

Thank you for trusting us with your care.